

# Lernidee

## Innovation@LMZ

### FUTURE ME – EINE KONVERSATION MIT DEM ZUKÜNFTIGEN ICH

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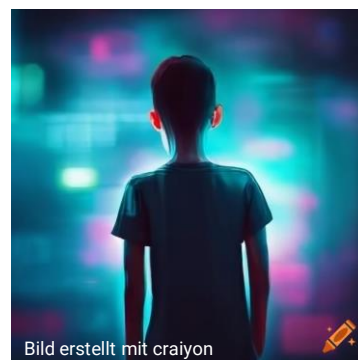


Bild erstellt mit craiyon

Die Lernenden setzen sich mit ihrem zukünftigen Ich auseinander, überlegen sich, wie sie die Welt gestalten wollen und was ihnen wichtig ist in der Zukunft. Dazu schreiben sie einen Brief an ihr zukünftiges Ich und kommunizieren mit ihm mithilfe eines KI-Tools.

#### 01 LERNZIEL

Die Lernenden denken über die Zukunft und ihre Rolle als Gestalter:innen dieser Zukunft nach.

#### 02 ZIELGRUPPE / UMFANG

Fremdsprachen, ggf. Geschichte.  
Lernende ab Klasse 9, ggf. mit Anpassungen auch jüngere Lernende.  
2–5 x 45 Minuten.

#### 03 LIZENZ

CC BY-SA

#### 04 MEDIEN- UND MATERIALBEDARF

Text-KI, z. B. Perplexity AI.  
Ggf. KI-Bildgenerator, z. B.

- <https://www.craiyon.com> (DSGVO-konform, kostenfrei, nicht werbefrei)
- <https://scribblediffusion.com>

#### 05 KOMPETENZEN (Lt. KMK Kompetenzen in der digitalen Welt)

Die Anzahl der ausgefüllten Kreise zeigt den Grad der Schwerpunktsetzung an.

- ○ ○ ○ ○ Suchen, Verarbeiten & Aufbewahren
- ● ● ○ ○ Kommunizieren & Kooperieren
- ● ○ ○ ○ Produzieren & Präsentieren
- ○ ○ ○ ○ Schützen & sicher Agieren
- ● ● ○ ○ Problemlösen & Handeln
- ● ● ● ● Analysieren & Reflektieren

#### 06 SONSTIGE KOMPETENZEN

Futures Thinking, Fremdsprachen

#### 07 LINKS ZU BEISPIELEN

Beispiel + (Kurz-)Link
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## 08 SCHRITTWEISE BESCHREIBUNG DER LERNIDEE

### **Disclaimer**

Es ist wichtig, dass bei der Verwendung einer KI-Anwendung datenschutzrechtliche Bestimmungen eingehalten werden. Zu diesem Zweck sollten Lehrkräfte sich vor der Verwendung einer KI-Anwendung über die Datenschutzbestimmungen informieren und sicherstellen, dass die Anwendung den jeweiligen Anforderungen entspricht. Insbesondere sollten sensible Daten wie Name, Adresse oder Kontaktdaten nicht in die Anwendung eingegeben werden. Die Nutzung eines KI-Tools ohne Anmeldung ist zu bevorzugen.

### **Hintergrund**

Diese Lernidee zielt darauf ab, dass Kinder und Jugendliche sich aktiv mit der Zukunft auseinandersetzen und ihre Rolle in dieser Zukunft reflektieren. So wie heutige Herausforderungen (z. B. der Klimawandel) ihren Ursprung in der Vergangenheit haben, können wir in der Gegenwart den Grundstein für unsere Zukunft legen. Man könnte diese Herangehensweise auch „antizipative Geschichte“ nennen, d. h. man setzt sich statt mit der Vergangenheit mit der Zukunft auseinander, um daraus Schlüsse für die Gegenwart zu ziehen.

#### 1. Geistige Zeitreise

Die Lernenden werden in der Fremdsprache – hier auf Englisch – auf die geistige Zeitreise eingestimmt. Dabei wurde Wert darauf gelegt, dass es keine imaginären technischen Hindernisse gibt. Der Zeithorizont wurde bewusst auf zehn oder mehr Jahre gelegt, weil alles andere zu kurzfristig ist, um sich aufgrund äußerer Zwänge kreativ damit auseinanderzusetzen.

Imagine you have access to a special time machine that can not only transport you to different moments in history but also allow you to meet your future self! It's an extraordinary machine that can take you on incredible journeys through time. Today, we're going to embark on a unique adventure using our imagination.

Close your eyes and take a deep breath. Visualize standing in front of the time machine, a magnificent device that holds the power to transport you through time. Picture the control panel with buttons and a screen, including a special section where you can enter a future date to meet your older, wiser self.

Now, imagine entering a date of your own choosing, but at least ten years from now, into the time machine and feeling a sense of anticipation building up as you prepare for this extraordinary journey. As you press the button, a surge of energy surrounds you, and suddenly, you find yourself transported into the future.

As you open your eyes, you discover that you've arrived at your chosen time. Look around and observe your surroundings. How has the world changed? How have you changed? Take a moment to explore and imagine what life is like for your future self.

Imagine meeting your future self, who is there to greet you. What does your older self look like? How do they behave? What have they accomplished? How have they contributed to making the future a good one? Take some time to have a conversation and ask them questions about their life, experiences, and the lessons they have learned along the way.

After spending some time with your future self, it's time to return to the present. Close your eyes once again and envision yourself back in the time machine, ready to journey back to the present moment. As you press the button, you feel the familiar surge of energy, and slowly, you find yourself back where you started.

Now, take a few minutes to reflect on your encounter with your future self. What did you learn from the experience? How did it feel to meet the person you will become? What advice or words of wisdom did your future self share with you?

In the next step, you will write a letter to your future self, incorporating what you have learned about them. It's a chance to share your hopes, dreams, and aspirations with the person you will become. Make sure to ask them any question you might have.

So, let's get ready to write a heartfelt letter to your future self, expressing your thoughts, goals, and aspirations. Remember, this is an exciting opportunity to explore your imagination and connect with your future. Enjoy this remarkable journey of self-discovery and personal growth!

## 2. Brief verfassen

Die Lernenden verfassen nun einen Brief an ihr zukünftiges Ich (Beispiele: s. Anhänge 1–3). Sie sollten dabei nicht nur die persönliche Dimension, sondern auch die gesellschaftliche Dimension berücksichtigen und dadurch darüber nachdenken, wie sie diese Zukunft mitgestaltet haben.

Optionale Erweiterung: Die Lernenden können den Brief in die Webseite <https://www.futureme.org> eintippen und ihn sich zu einem beliebigen Zeitpunkt in der Zukunft zuschicken lassen. Dabei sollte darauf geachtet werden, dass kein Konto angelegt wird und der Brief nicht öffentlich geteilt wird. Außerdem sollte natürlich eine E-Mail-Adresse verwendet werden, die die Lernenden auch in der Zukunft noch verwenden. Von der Verwendung einer schulische E-Mail-Adresse ist daher abzuraten.

## 3. Antwort erhalten

Nun kommt ein KI-Textgenerator zu Einsatz. Unter Verwendung eines geeigneten Prompts wird dem Tool zuerst der Kontext geschildert, im Rahmen dessen es antworten soll, dann wird der Brief eingefügt und das KI-Tool antwortet als zukünftiges Ich (Beispiele: s. Anhänge 4–6)

Beispielprompt:

Dear AI,

I wrote this letter to my future self and I would like you to respond as if you are my future self. Here's the information you need to know:

My current age is [insert age]. My future self's age is [insert age].

My English proficiency level is [insert either beginner/intermediate/advanced or CEFR level A1/A2/B1/B2].

Here's the content of my letter to my future self: [insert letter here]

Please respond with a positive attitude and tell me if everything I wrote to my future self became true or if some things failed and tell me about my future life and the challenges we will have overcome.

If you see that there are issues with my view of the world, if I don't think enough of the community and our common future, please let me know and suggest how I could improve my attitude so I will be able to shape the future as part of the next generation of world citizens.

#### 4. Die Antwort reflektieren

Nachdem die Lernenden die Antwort von ihrem zukünftigen Ich gelesen haben, sprechen sie in kleinen Gruppen darüber, was sie ihrem zukünftigen Ich geschrieben haben, was die Antwort war und wie sie sich mit der Antwort fühlen. Innerhalb der Gruppe gibt es dann die Möglichkeit, Feedback zur Reflexion zu geben und gemeinsam Pläne zu schmieden, um diese Zukunft oder auch eine noch bessere Zukunft gemeinsam zu gestalten.

#### 5. Pläne für die Zukunft

Zum Abschluss berichtet jede Gruppe davon, worüber gesprochen wurde, ohne jedoch persönliche Details offenzulegen. Außerdem werden die gemeinsam geschmiedeten Pläne festgehalten und es wird gemeinsam überlegt, was in unmittelbarer Zukunft gemeinsam umgesetzt werden könnte und wie. Es ist wichtig, nicht nur Pläne zu schmieden, sondern auch bereits konkret die ersten Schritte zu überlegen.

### **Erweiterung**

Möchte man das Projekt erweitern und ggf. ein weiteres Fach wie Kunst mit einbeziehen, können sich die Lernenden überlegen, welches Tattoo sie sich heute stechen lassen würden, mit dem auch ihr zukünftiges Ich glücklich wäre. Sie nutzen dann eine Bild-KI, um eine Skizze von diesem Tattoo anfertigen zu lassen oder sich zumindest inspirieren zu lassen für eine eigene Zeichnung. Ihr Tattoo beschreiben sie abschließend, erklären, wieso sie denken, dass ihr zukünftiges Ich immer noch damit glücklich wäre, und teilen es auf einer gemeinsamen digitalen Pinnwand.

**Anhang 1: Beispielbrief von Sarah an ihr zukünftiges Ich (Niveau A2)**

Dear Future Sarah,

Now I am 14, and I am thinking about you. What are we doing at 34?

I hope you are a writer. I love to write stories now. Maybe you have written books. That's my dream.

In our stories, we talk about girls and boys. We say they are equal. I hope you still do this. Remember, "Equality is not a women's issue, it's a human issue." I hope you are using this message in our stories.

Do you remember when we worked at the animal shelter? I hope you are still helping others. Maybe you are also helping girls to have the same chances as boys at school and work.

Thinking about the future is a little scary. But I am also excited. I know there will be good times and hard times. But remember, we learn from our mistakes.

I hope you are still taking care of our planet. Maybe you have a big garden now. Or maybe you are teaching others about why we need to take care of nature. And maybe you are teaching them about how women are important in fighting climate change.

I am excited to meet you, Future Sarah. I hope you are happy and proud. Always remember to dream big, stand up for what's right, and keep writing.

Love,

Sarah

## **Anhang 2: Beispielbrief von Tim an sein zukünftiges Ich (Niveau B1)**

Dear Future Tim,

As I sit here at the age of 16, I can't help but imagine where you, where we, might be 20 years from now. I have dreams, plans, and ideas, and I can't wait to see how they unfold.

I imagine you have become an engineer, making a difference in the world through our shared passion for sustainability. We always loved how math and science explained the world around us, and I envision that you've used this love to make a lasting contribution to the environment. Perhaps you've created innovative solutions to global challenges like renewable energy or waste management.

I see us making significant strides towards sustainability not just professionally, but personally too. Remember the community garden project we started in our neighborhood? I dream that you have carried this small seed of an idea across the globe, starting a wave of urban gardening and local food production.

At this moment, I feel a sense of excitement mixed with a slight nervousness. I'm thrilled about the path we've chosen and the possibilities it holds, but there's also an underlying fear of the unknown. I'm aware that our journey won't be easy and that there will be obstacles along the way. But I believe in our resilience, and I trust that every challenge will only make us stronger and more dedicated.

Thinking about the society we live in, I hope you have used our education and skills not only for our personal success but also to guide and mentor the next generation. Sharing what we've learned and inspiring others to care about the planet as much as we do is something I truly believe in.

I hope this letter finds you happy, successful, and fulfilled, Future Tim. Whatever the reality may be, remember that we promised to stay true to our values and dreams. If you can say that you've done that, then I am proud of you.

Take care of yourself and the world around you.

Love,

Tim

**Anhang 3: Beispielbrief von Chiara an ihr zukünftiges Ich (Niveau A2)**

Dear Future Chiara,

Now I am 14 and thinking about you. What is life like at 34?

I hope you have a big house. I dream of a house with lots of rooms and a big garden. Maybe you have a swimming pool too. I would love that.

I hope you have a cool job. Maybe you are a boss at a big company. Or maybe you are a famous singer or actress. That would be exciting.

I also hope you have a lot of friends. Friends who like to have fun and go on trips with you.

Maybe you are married. I wonder what your husband is like. And maybe you have kids. They must be cute and smart.

But most of all, I hope you are happy. I hope you have everything you want and you enjoy your life.

Take care of yourself, Future Chiara. Always remember to put yourself first and do what makes you happy.

Love,

Chiara

#### **Anhang 4: Antwort von ChatGPT an Sarah**

Dear Sarah,

Wow, it's truly heartwarming to read this letter from us at age 14. You'll be happy to hear that we're doing well at 34.

Your dream of becoming a writer, Sarah, has indeed come true. You've written wonderful stories, and yes, some of them have turned into books! Your stories always carried the important message of gender equality. "Equality is not a women's issue, it's a human issue," remember? You've made a lot of people think about this.

As for volunteering, you have done even more than work at the animal shelter, though you still love animals very much. You've also been helping in places where boys and girls learn. You've been making sure girls get the same chances as boys. It has not always been easy, but you have made a difference.

Sometimes, you were scared, just like you thought. But you were also brave. You faced good times and hard times. And yes, you made mistakes. But you learned from them. That's how you became strong.

Taking care of our planet is still very important to you. You have a big garden now, full of flowers and vegetables. You teach people about nature. You tell them how important it is to take care of our world. And yes, you teach them how women are making a big difference in the fight against climate change.

You have faced many challenges, Sarah. But you always remembered your own words - to dream big, stand up for what's right, and keep writing. You have lived by these words, and they have helped you overcome all challenges.

You should be very proud, Sarah. You've achieved so much already, and I can't wait for you to experience all this.

With much love,

Future Sarah



### **Anhang 5: Antwort von ChatGPT an Tim**

Dear Tim,

Reading your letter brought back so many memories from when we were 16. Twenty years have passed, and we are now 36. Let's catch up.

You've correctly guessed our path, Tim. We became an engineer, a profession we still love. Our fascination with sustainability turned into our life's work. We've created innovative solutions in the fields of renewable energy and waste management. It wasn't always an easy journey, but the rewards have been profound.

Our personal commitment to sustainability hasn't waned either. The community garden project that we started when we were 16? It flourished beyond our expectations and inspired similar initiatives around the globe. Our small seed of an idea grew into a mighty tree.

The excitement and nervousness you felt back then were justified. We faced several challenges along our journey. There were moments of doubt and times when we made mistakes. However, each obstacle only strengthened our resolve. Our resilience carried us through.

In line with our values, we've used our skills and knowledge not only for personal success but also to guide and mentor the next generation. We've become an educator of sorts, inspiring young minds to cherish our planet. It has been as rewarding as our professional achievements.

Your hope for me to be happy, successful, and fulfilled has indeed come true. I'm proud of the work we've done and the person we've become. Remember, the true measure of success is staying true to our values and dreams. And, we've managed to do just that.

You've accomplished so much already, Tim. There are countless more adventures and challenges ahead, but remember our promise - take care of ourselves and the world around us.

With much love,

Future Tim

## **Anhang 6: Antwort von ChatGPT an Chiara**

Dear Chiara,

Your letter warmed my heart, reminding me of when we were 14 and how our dreams and aspirations looked back then. Now, at the age of 34, let's see how things turned out.

You wanted a big house, and yes, we do have a comfortable home now, one that feels just right. It's filled with love and laughter, which makes it feel bigger than it actually is. The garden is our little haven. We've spent countless hours tending to it, making it a cosy space. We don't have a pool, but we've created so many memories and shared moments with friends and family in our garden that we wouldn't trade it for anything.

Workwise, we've found our passion. You'll be surprised, it's neither in a big company nor in the show business, but we love it. It brings us joy, challenges, and satisfaction. We've learned that being happy in a job is more important than the title or fame.

Speaking of friends, we are blessed. We have a close-knit group of friends who have been with us through thick and thin. Those trips you dreamed of, we've had plenty of those. They're not always grand, but they are always full of joy and laughter.

As for a family, we are indeed married to a loving and supportive partner. We don't have children yet, but we are happy with our life as it is now. Remember, there's no rush. Everything happens in its own time.

However, as I think about our life and your letter, I also see some room for growth. While it's important to pursue personal dreams, it's equally important to consider the community we live in and our common future. We live in a world that is interconnected and interdependent. The actions we take, no matter how small, can have a big impact on others and the world.

To become a responsible world citizen, we can start by developing an awareness of global issues, like climate change, poverty, and social inequality. We can take steps to live more sustainably and contribute to our community. Remember, even a small act like recycling or volunteering can make a difference.

Your dreams at 14 have shaped our life at 34, Chiara. They've given us joy, love, and a sense of fulfillment. As we move forward, let's also look outward, at the world we're part of, and see how we can make a positive difference.

With love, Future Chiara